

Highland Park

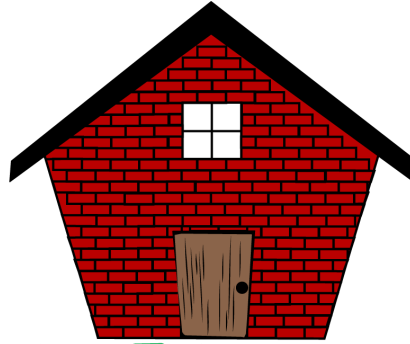


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Children's Ministry News

FEBRUARY 2012
WHAT'S
UP?

A wise man builds
his house (Life) on
the rock (Jesus)!



BE THE SMART LITTLE PIG

Once upon a time there were three little pigs. Each pig went out on his own to build a house. The first pig built his house out of straw. Does this story sound familiar? Is it possible that God could teach you something from the story of "The Three Little Pigs?" The pig that built his house out of straw is like the kid that has to have the coolest clothes and rides the

best bike in the neighborhood. They want to be Mr. or Miss Better Than You. When the big bad wolf knocks on their door and wants to cause trouble, those "things" are not going to help those kids at all. The wolf will blow their house down in one puff. The second pig who built his house out of sticks is like the kid who thinks he can do everything by himself. He doesn't need anyone to help him, not even God. The wolf huffs and puffs one time and his house crumbles.

The last pig builds his house out of bricks. He represents the kid who puts his trust in God. Prayer and Bible reading are things he does every day to make him strong. The wolf huffs and puffs and blows and his house doesn't budge. The devil is kind of like the big bad wolf. He walks around looking for people he can destroy. Only those kids who are full of God's love, and have their lives built with bricks of prayer and bricks of Bible reading, will be able to tell the devil, "Not by the hair on my chinny, chin, chin!"



Happy
Valentine's
Day

A Message from Bro. Jeff



I recently met with a group of kids at one of our local schools during the FCS meeting. I shared a devotion about LOVE (since it's Valentine's month and all! Ha). But it caused me to do a lot of thinking about just how much that God really does love each one of us. No matter what I do or don't do God loves me. He really wants to spend time with me (and with YOU). So maybe this year for Valentine's day we can all make a few minutes to just tell JESUS THAT WE REALLY LOVE HIM.

I hope you will make a point to mark our Summer dates on your family calendar. I am still planning a few things but the major dates are locked in (they are listed later in this newsletter). We also have some spring break dates planned and I will be getting you more information on those soon.

I am SUPER EXCITED about the upcoming Kingdom Advancement Conference. I hope that you are making plans to be here. Not only are we planning a huge week of Missions, Bible Study and fun but I have a big surprise that I'm working on! So you definitely want to make plans to be here!!!

Love ya,
Bro. Jeff

5TH & 6TH GRADE SEQUOYAH CAVERNS WILD CAVE ADVENTURE!

DATE: MARCH 23 & 24, 2012

COST: \$50 (includes cave, bus, fast food supper & breakfast)

TIMES: Exit HPBC at 3:30pm/Return around noon

- We will grab a fast food supper on the way to the cave (the cost for the meal is included). We will also eat a fast food breakfast on the way home (cost of this meal is also included).
- BE SURE TO GET A PERMISSION FORM (printable at brojeff.com)

Be on the **LOOK OUT**
for some **EXCITING** changes
coming to our Children's Building
SOON!!



ASK GOD FOR HELP!

Have you ever been in a lot of trouble? Maybe it was a bully named Butch, or maybe it wasn't a person. Maybe it was math, or even worse, English! Aaaahhh!!!

Life can be pretty scary sometimes. Even things at home can get tough. (Think of poor Little Red Riding Hood.) When times get tough that's when kids need to turn to God's word to find HELP! A very wise man wrote about the kind of help God provides for us when we are in trouble.

Cross out all the letters C, K, and W, in the section below. Put together the remaining letters to find out just what this wise man had to say.

**KWGCODKWIWSKOUKWRREKC
FUWGKEANDKCSTWRKENGCTK
HANCWEKVVWECRKPREWKSECK
NKTHEKLPKIWNTKROUCWBLCE
CPSKAWLWM 46:1**

TONGUE TIED!

Peter Piper picked a peck of pickled peppers, if Peter Piper picked a peck of pickled peppers, where's the peck of pickled peppers Peter Piper picked? Try to say that three times as fast as you can and you'll probably wind up in the hospital.

Tongue twisters can be really fun when enjoyed with a few good friends. Gather some of your buddies around, and see who can say the twisters below three times, FAST, without messing up! You won't believe the new languages you will create in the process. Have fun!!!

- ***Rotten Roscoe rescued Rosie from the roaring rapids!***
- ***Three freethinking frogs think friendly thoughts!***
- ***Shameful sheep-sellers sell cheap sheep!***
- ***Rub rugs roughly!***
- ***A swim well swum is a well-swum swim!***
- ***Trim these three fine free trees!***
- ***Landlubbers love blubber!***

"More Awesome Good Clean Jokes for Kids"
Bob Phillips



Join us in the Children's Building

February 29 - March 2
Every night @ 6:30 pm

Don't miss out on this exciting time!!!

PARENTS PAGE



Being a Great Example!!

This year, as every year, the ever-so-popular "I'm going to get healthier" resolution will be declared by the masses. How can you avoid being in the majority that abandon this resolution by February when most resolutions are forgotten? Create a game plan. Get organized. Prepare.

Whether physical activity is a new venture or you are a seasoned gym rat, making the resolution to spend hours in the gym everyday is likely unrealistic for you. Going from zero to sixty could increase the chance of injury, as well as zap your motivation. A better way to approach your workout schedule is to make a resolution to exercise three or four times a week. If you are just entering the world of health and fitness, begin slow by walking or riding a bike for 15-20 minutes. Once shorter windows of activity become a habit and you start to reap the benefits, it's easier to progress to the next level.

Organizing your workout routine is essential to the success of your program. While any kind of exercise offers tremendous benefits to your health, different modes of exercise focus on certain aspects. While making your game plan, you can choose to concentrate on one type of exercise or combine them to add variety and broaden the benefits you want to achieve. Aerobic exercise, such as running or cycling, strengthens the heart and increases endurance. Flexibility exercise helps to prevent injury and increase range of motion in the joints. This can be done through daily stretching or Yoga. Strength training, also known as resistance training, builds muscle and bone mass, helps to boost your metabolism, and plays a role in disease prevention. No matter which type of exercise you choose to tackle, it's important to make exercise a priority. Even the busiest of us can find time to devote ten minutes to get moving.

2012 SUMMER DATES!!

JUNE 18 & 19	1ST/2ND	YOUNGER KIDS CAMP /EARLE TRENT ASSEMBLY
JUNE 19-22	3RD/4TH	MIDDLE KIDS CAMP/ EARLE TRENT ASSEMBLY
JULY 8-12	5TH/6TH	OLDER KIDS CAMP/ SHOCCO SPRINGS
JULY 23-26	ALL AGES	VACATION BIBLE SCHOOL